Workers' Compensation Medical Care Plan

Wesleyan University

EFFECTIVE DATE OF PLAN IS:

September 1, 2019

PMA Management Corp. of New England 101 Barnes Road Suite 300 Wallingford, CT 06492

To All Employees:

Wesleyan University has elected to become a participating employer in an Employers Medical Care Plan filed with the Connecticut Workers' Compensation Commission. The Employer Medical Care Plan allows Wesleyan University to direct employees to a list of medical providers for treatment of work-related injuries and illnesses. Employees are obliged to obtain treatment from providers in the approved plan; failure to do so may suspend an employees' right to receive workers' compensation benefits, subject to the order of a Worker's Compensation Commissioner. TheWesleyan University Medical Care Plan is part of The PMA Insurance Group Medical Care Plan, of PMA Management Corp. of New England, the employer's risk management firm. The effective date of the Employers Medical Care Plan is September 1, 2019.

As an employee of Wesleyan University you must report a work-related injury or illness to your supervisor, who will complete a First Report of Injury Form before the end of the shift. If you require medical intervention or evaluation for your injury, you will be directed to your choice from an occupational health center to receive treatment. If you require further medical treatment, contact your program coordinator. If you have a medical emergency, go to the nearest emergency department.

You may obtain follow-up medical care from providers listed on The PMA Insurance Group Medical Care Plan directory, which is available through your program coordinator. Should your injury require specialty treatment not available in The PMA Insurance Group Medical Care Plan, a consultant from an approved list established by the Workers' Compensation Commission may be chosen for your treatment.

Please review the medical care plan guide, and sign the Employee Acknowledgment, recognizing your understanding and that you have read and understand the process for treatment of work-related injuries or illnesses.

If you are out of work as a result of your work-related injury, you will be contacted regularly by your program coordinator and/or **The PMA Management Corp. of New England** Claims Coordinator to determine that your medical needs are met. Each of you is an important member of **Wesleyan University** and the purpose of this program is to ensure you receive appropriate medical treatment in a timely manner to facilitate recovery.

The Wesleyan University Medical Care Plan includes a utilization review company which is available to you should there be any questions or disputes about the level and/or quality of care.

Coventry is the utilization review company chosen to review the medical care and services provided to you for work-related injuries and illnesses. Their telephone number is 1-800-272-1255. **PLEASE IDENTIFY YOUR EMPLOYER AS A PMA MANAGEMENT CORP. OF NEW ENGLAND ACCOUNT.** A detailed description of Coventry's services is available to you from PMA Management Corp. of New England

The Management staffs at Wesleyan University and PMA Management Corp. of New England are available to assist you from the time of your injury through recovery and return to work.

TWELVE QUESTIONS

You Ask About Workers' Compensation Protection.

1. What is Workers' Compensation?

The purpose of Workers' Compensation is to provide injured workers and those who depend upon them with a means of support when they are unable to work because of a **work-related** disability. Its purpose also is to bring about a prompt recovery. Workers' compensation is basically a no-fault system with benefits paid, no matter who is responsible.

2. What is a "Work-Related Injury or Illness?"

The term "Work-Related Injury or Illness" is used to describe any injury or disease which results from work or working conditions and which occur during the employee's service to the employer.

3. Who handles a Workers' Compensation claim?

PMA Management Corp. of New England is the claims administrator for Wesleyan University. They administer all compensation benefits an injured worker is entitled to receive. If you have any questions about workers' compensation, contact your program coordinator or PMA Management Corp. of New England.

4. How do you get benefits?

Report the injury to your supervisor immediately! Just specify what, where, when and how it happened, enough information so that he/she can complete the First Report of Injury form.

Prompt reporting is the key. Benefits are automatic for work-related injuries or illnesses. But, nothing can happen until your employer knows about the injury, no matter how slight. Even a cut finger can be disabling if an infection develops.

5. What if you need prescription drugs?

All prescriptions needed because of a workers' compensation illness or injury is reimbursed by workers' compensation insurance.

6. What is the compensation for total disability?

Compensation for Total Disability is money that you receive if the Medical Provider certifies that your illness or injury causes you to lose more than three (3) days of work. You can expect that the amount will be 75% of your net earnings, subject to a minimum and maximum determined by law.

Wesleyan University and PMA Management Corp. of New England work closely with the Medical Provider. When the Medical Provider releases you to return to full duty, the temporary disability wage support stops.

7. What if the doctor releases you to modified work?

Bring your physician's written instructions to your program coordinator immediately. Wesleyan University will try to provide you with a temporary modified duty position to meet your doctor's specified restrictions. If the pay rate for your modified duty position is less than the pay rate for your regular position, your weekly compensation will be 75%, of the difference in the after tax earnings between the two positions.

8. What is permanent disability?

Permanent disability is a term, which describes the lasting effect of an on-the-job injury or illness. If you have a permanent physical limitation from your injury or illness, PMA Management Corp. of New England provides you with additional payment. As you would expect, the amount of payment depends upon the effect of the injury. The State of Connecticut Workers' Compensation law establishes a schedule for payment of permanent disability injuries or illnesses based on your percentage of disability, as determined by your physician and your salary at the time of the injury.

9. Where do you obtain medical treatment?

Prompt medical care is a key element to a fast recovery from an injury or illness. Emergency medical care and medical follow-up treatment can often mean the difference between complete recovery from an injury or lasting physical disability. If you become injured at work, **GET EMERGENCY MEDICAL CARE IMMEDIATELY FROM THE NEAREST EMERGENCY DEPARTMENT OR MEDICAL CARE PLAN MEDICAL CENTER.**

If you are injured during regular working hours, you should report your injury to your supervisor and proceed to a plan primary care center. If you become injured when the centers are closed, you should go to the nearest **emergency department.**

10. What if you need continuing medical treatment?

In the event an employee's injury requires additional medical care beyond the initial visit to the emergency department, a choice of a primary care physician will continue to provide necessary treatment and referrals to specialists when needed.

Should your injury require specialty treatment not available in The PMA Insurance Group Medical Care Plan, a consultant from an approved list established by the Workers' Compensation Commission may be chosen for your treatment

Employees are required to obtain treatment from providers in the approved plan. Failure to do so may suspend an employee's right to receive workers' compensation benefits, subject to the order of a Workers' Compensation Commissioner.

11. What if you have further questions?

If you have further questions regarding your workers' compensation benefits, contact your program coordinator or PMA Management Corp. of New England Claims Manager at 203-679-3900 or 1-888-476-2669.

12. What if you question your medical treatment?

Coventry can review the medical care and services being provided to you. They can be contacted at 1-800-272-1255.

I, the undersigned employee of Wesleyan University, have reviewed a copy of the Wesleyan University Employer Medical Care Plan Requirements. I understand that failure to follow the plan's requirements may suspend my rights to receive workers' compensation benefits subject to the order of a workers' compensation commissioner.

Print Name _____

Employee Signature _____

Date _____

Wesleyan University Medical Network for Workers' Compensation

Emergency care may be obtained at the nearest emergency department or center. For your convenience the closest emergency department to your primary place of employment is:

Emergency Care				
Middlesex Hospital Marlborough Medical Center 14 Jones Hollow Road Marlborough, CT 06447 (860) 358-3200	Middlesex Hospital Shoreline Medical Center 250 Flat Rock Place Westbrook, CT 06498 (860) 358-3700		Middlesex Hospital 28 Crescent Street Middletown, CT 06457 (860) 704-3000	
	Primary Ca	are Center		
Middlesex Occupational and Environmental Medicine Outpatient Center 534 Saybrook Road Middletown, CT 06457 (860) 358-2750		Middlesex Occupati 192 Westbrook Road Essex, CT 06426 (860) 358-3840	ional and Environmental Medicine	
	Chiropracti	c Medicine		
Clark Chiropractic Center 954 Newfield Street Middletown, CT 06457 (860) 632-1668 Clark, William DC Labbadia Carroccia Chiropractic Offices, P.C.				
909 Newfield Street Middletown, CT 06457 (860) 632-1022 Weiss, William F., D.C.				
Middletown Chiropractic Center Sanseer Mill - 282 Main Street Ext. Middletown, CT 06457 (860) 346-8000 Lane, Roger S., D.C.				
Connecticut Spine & Sports Medicine Physician's Office Building 80 South Main Street Middletown, CT 0645728 South Main Street (860) 347-1302 Roegiers, Gary PT, DC				

27 Commerc Clinton, CT (860) 664-39 Coatti, Jose Shoreline S 400 Saybroo Middletown (860) 347-9 Aranow, Jo Blancaflor, Coatti, Jose Robles, Jose Terrence K 40 Hart Stre New Britain (860) 826-55 Donahue, T Neurology	 F 06413 3911 eph A., M.D. Surgical Associates, P.C. ook Road, Suite 110 n, CT 06457 0167 onathan, M.D. , Jonathan D., M.D. eph A., M.D. seph J. M.D. X. Donahue, M.D. P.C. eet, Building A n, CT 06052
Neurology	
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esex Neurology sant Street town, CT 06457 44-8224 oghue, Margaret W., M.D.	 180 Westbrook Road #5 Essex, CT 06426 (860) 767-1034 Lian, Gang (Gary), M.D. Shoreline Neurology, LLC 80 South Main Street Suite 103 Middletown, CT 06457 (860) 767-1034 Lian, Gang (Gary) MD
Neurosurgery	
treat Avenue, Suite 705 d, CT 06106 78-0070 hi, Inam U., M.D. David A., M.D. Arnold, J., M.D. surgeons of Central CT, PC ybrook Road, Suite 220 town, CT 06457 78-0070 David A., M.D.	The Center for Minimally Invasive Spine and Neurosurgery and Neurosurgical Associates 1000 Asylum Avenue Suite 3208 Hartford, CT 06105 (860) 522-7121 Calderon, Stephen F., MD Lantner, Howard, MDThe Center for Minimally Invasive Spine and Neurosurgery and Neurosurgical Associates 220 Farmington Avenue
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	704 Hebron Avenue, Suite 103 Glastonbury, CT 06033 (860) 522-7121 Calderon, Stephen F., MD Lantner, Howard, MD	Lantner, Howard, MD		
Ophthalmology				
Connecticut Eye Physicians 7 Wildwood Medical Center Essex, CT 06426 (860) 767-0184 Beggins, Thomas M.D. Salierno, Anthony M.D. Connecticut Eye Physicians 80 South Main Street Middletown, CT 06457 (860) 347-9377 Beggins, Thomas M.D. Salierno, Anthony M.D.	Middlesex Eye Physicians, P.C. 400 Saybrook Road Suite 100 Middletown, CT 06457 (860) 347-7466 Luskind, Roger D., M.D. Mulukutla, Raji M.D. Shriver, Peter, M.D.	Advanced Eye PhysiciansBirchwood Building546 South Broad Street, Suite 1DMeriden, CT 06450(203) 235-2511McMahon, Kevin D., M.D.Ryan, Timothea A., M.D.Hellreich, Jay E., M.D.Fitzpatrick, Edward P., M.D.Hall, Laura B., M.D.Advanced Eye PhysiciansWaverly Professional Park325 Highland AvenueCheshire, CT 06410(203) 271-3103McMahon, Kevin D., M.D.Ryan, Timothea A., M.D.Hellreich, Jay E., M.D.Fitzpatrick, Edward P., M.D.Hall, Laura B., M.D.Hellreich, Jay E., M.D.Hall, Laura B., M.D.		
	Orthopedics			
Middlesex Orthopedic Surgeons, P.C. Heritage Medical Center 410 Saybrook Road, Suite 100 Middletown, CT 06457 (860) 685-8940 Berson, Lawrence, M.D. Hergan, David J., M.D. Lim, Michael J., M.D. Sohn, Joseph M., M.D. Walsh, James H., M.D. Middlesex Orthopedic Surgeons, P.C. 4 Grove Beach Road North, Bldg 2 Westbrook, CT 06426 (860) 685-8940 Lim, Michael J., M.D. O'Donnell, Sean J., M.D. Sohn, Joseph M., M.D. Walsh, James H., M.D.	Orthopedic Associates of Middletown 14 Jones Hollow Road Marlborough, CT 06447 (860) 295-8751 Geist, Robert, M.D. Hicks, Alfred, D.O. Kuhn, Michael A., M.D. Larson, Thomas, M.D. Naujoks, Ryan A., M.D. Reardon, Terry F., M.D. Adeleke, Adebola T, DPM Orthopedic Associates of Middletown 512 Saybrook Road, Suite 100 Middletown, CT 06457 (860) 347-7636 Geist, Robert, M.D. Hicks, Alfred, D.O. Kuhn, Michael A., M.D. Larson, Thomas, M.D. Reardon, Terry F., M.D. Adeleke, Adebola T, DPM	Shoreline Orthopedics and Sports Medicine Associates – a division of Connecticut Orthopaedic Specialists 12 Bokum Road Essex, CT 06426 (860) 767-9053 Lorenze, Mark D., M.D. Luster, Steven, M.D. White, Martin J., M.D.Orthopedic Associates of Hartford, PC 31 Seymour Street, Suite 100 Hartford, CT 06106 (860) 549-3210 Aronow, Michael S., MD Benthien, Ross A., MD Blaine, Theodore A., MD Bontempo, Nicholas A., MD Burns, Jeffrey K., MD Burton, Kevin J., MD Caputo, Andrew E., MD Carangelo, Robert, J., MD		

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Physical Therapy Services			
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Physician's Office Building	Middletown Outpatient Center		
57 South Main Street, 2 nd Floor	534 Saybrook Road		
Middletown, CT 0645728 South Main Street	Middletown, CT 06457		
(860) 347-1302	(860) 358-2750		
Roegiers, Gary PT, DC	Middlesex Physical Rehabilitation Center		
Middlesex Hospital	Middletown North Campus		
28 Crescent Street	512 Saybrook Road, Lower Level		
Middletown, CT 06457	Middletown, CT 06457		
(860) 358-6000	(860) 358-2700		
Middlesex Physical Rehabilitaiton Center- Marlborough	Middlesex Physical Rehabilitation Center - Shoreline		
6 Independence Drive Suite 1	192 Westbrook Road		
Marlborough, CT 06447	Essex, CT 06426		
(860) 358-2700	(860) 358-2700		
Middlesex Physical Rehabilitaiton Center- Madison	Middlesex Physical Rehabilitation Center- Old Saybrook		
1347 Boston Post Road	1687 Boston Post Road		
Madison, CT 06443	Old Saybrook, CT 06475		
(860) 358-2700	(860) 358-2700		
Gaylord Hospital	Gaylord Physical Therapy, Orthopedics & Sports Medicine		
50 Gaylord Farm Road	8 Devine Street		
Wallingford, CT 06492	North Haven, CT 06473		
(203) 284-2800	(203) 230 5054		
Gaylord Physical Therapy, Orthopedics & Sports Medicine	Select Physical Therapy		
1154 Highland Avenue	Metro Square Shopping Center		
Cheshire, CT 06410	140 Main Street, Unit 4B		
(203) 679-3533	Middletown, CT 06457		
Select Physical Therapy 16 Main Street, Unit 201 Durham, CT 06422 (860) 349-0379	Middletown, CT 06457 (860) 343-9572		

Select Physical Therapy 475 South Main Street Cheshire, CT 06410 (203) 271-2928

Select Physical Therapy 98 Main Street Suite 202 Southington, CT 06489 (860) 620-9954

Select Physical Therapy 211 New Britain Road, Suite 101 Berlin, CT 06037 (860) 827-1333

Select Physical Therapy 672 Silas Deane Highway Wethersfield, CT 06109 (860) 257-7473 Select Physical Therapy 80 Shunpike Road, Suite 202 Cromwell, CT 06416 (860) 632-1792

Select Physical Therapy 850 North Main Street Extension, Suite 3B Building 1 Wallingford, CT 06492 (203) 265-3790

Select Physical Therapy 131 New London Turnpike, Suite 321 Glastonbury, CT 06033 (860) 633-7856

Podiatry

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Orthopedic Associates of Middletown

5 Pequot Park Road Ste 202 Westbrook, CT 06498 (860) 347-7636 **Adeleke, Adebola T, DPM**

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